



New York State Public
High School Athletic Association

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STATE SPORT COORDINATOR BOYS SWIMMING & DIVING

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2021-2022

Dive of Week

Week	Dive Group
Nov 22 – Nov 28	100 (Front)
Nov 29 - Dec 5	100 (Front)
Dec 6 – Dec 12	200 (Back)
Dec 13 – Dec 19	400 (Inward)
Dec 20 – Dec 26	5000 (Twist)
Dec 27 – Jan 2	5000 (Twist)
Jan 3 – Jan 9	300 (Reverse)
Jan 10 – Jan 16	100 (Front)
Jan 17 – Jan 23	200 (Back)
Jan 24 – Jan 30	400 (Inward)
Jan 31 – Feb 6	5000 (Twist)
Feb 7 – Feb 13	300 (Reverse)
Feb 14 – Feb 20	400 (Inward)