

**2020 Suffolk County
Swimming & Diving
All-Long Island**

200 Medley Relay

Manhasset	Sara Plunkett, Gaby McIntyre Samantha Dring, Kasey Mulholland	1:48.37
Northport-Commack	Caitlyn Riordan, Denise Phelan Makenna O'Brien, Lia Edlin-Miller	1:49.05
Hauppauge-Smithtown	Leah Treglia, Madison Dominger Makayla Lee, Sofia Burns	1:49.95

200 Freestyle

Sophia Karras	Herricks	1:51.37
Kathryn Montefusco	Huntington-Walt Whitman	1:52.10
Emily Herr	Shoreham-Wading River	1:52.55

200 Individual Medley

Denise Phelan	Northport-Commack	2:03.33
Julienne Saliou	Harborfields	2:05.84
Angelina Harris	Miller Place	2:05.96

50 Freestyle

Sara Plunkett	Manhasset	23.90
Brooke Haag	Massapequa	24.13
Dawn Davidson	Hewlett	24.57

Diving 6 Dives

Jillian Rastello	Sayville-Bayport-Blue Point	303.60
Victoria Wang	Manhasset	301.05
Zoe Le	Great Neck North	299.17

Diving 11 Dives

Lauren Mehta	Farmingdale	534.50
Victoria Wang	Manhasset	524.85
Rachel Yang	Jericho	487.60

100 Butterfly

Kailey Simons	Herricks	55.84
Leah Treglia	Hauppauge-Smithtown	56.60
Katie Yee	Herricks	57.34

100 Freestyle

Sara Plunkett	Manhasset	51.89
Emily Herr	Shoreham-Wading River	51.94
Denise Phelan	Northport-Commack	52.03

500 Freestyle

Sophia Karras	Herricks	4:50.58
Sofia Giordano	Manhasset	5:01.69
April Chun	East Meadow	5:02.80

200 Freestyle Relay

Manhasset	Kasey Mulholland, Gaby McIntyre Francesca Raimondi, Briana Racanello	1:38.62
Massapequa	Brook Haag, Adriana Kamor Katja Vardoulis, Kiani Morisi	1:39.18
Hauppauge-Smithtown	Hailey Wilcox, Sofia Burns MaryGrace Waring, Leah Treglia	1:40.86

100 Backstroke

Leah Treglia	Hauppauge-Smithtown	55.45
Sara Plunkett	Manhasset	55.92
Julienne Saliou	Harborfields	56.97

100 Breaststroke

Denise Phelan	Northport-Commack	1:01.61 AA
Angelina Harris	Miller Place	1:05.23
Kathryn Montefusco	Huntington-Walt Whitman	

400 Freestyle Relay

Manhasset	Sara Plunkett, Briana Racanello Sofia Giordano, Francesca Raimondi	3:33.55
Massapequa	Katja Varpoulis, Adriana Kamor Brooke Haag, Kiani Morisi	3:36.80
Hauppauge-Smithtown	MaryGrace Waring, Hailey Wilcox Sofia Burns, Leah Treglia	3:38.17

AA - Automatic All-American Time

4/26/21