Yards Standards

          

**National Interscholastic Swimming Coaches Association**  
  **2018 - 2019 NISCA/Speedo Swimming All-America  
   
Yard Time Standards**

**Top 100 Athletes determined by time from submitted applications will be recognizedas All-America in individual and relay events.**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Boys All-America** | |  | **High School** |  | **Girls All-America** | |
| **All America** | **Consideration** |  | **Event in Yards** |  | **Consideration** | **All America** |
| 1:33.34 | 1:34.94 |  | **200 Medley Relay** |  | 1:46.44 | 1:44.54 |
| 1:38.52 | 1:40.23 |  | **200 Freestyle** |  | 1:50.65 | 1:48.80 |
| 1:49.83 | 1:51.77 |  | **200 Individual Medley** |  | 2:04.02 | 2:01.69 |
| :20.60 | :20.96 |  | **50 Freestyle** |  | :23.58 | :23.23 |
| :48.96 | :50.03 |  | **100 Butterfly** |  | :55.63 | :54.45 |
| :44.99 | :45.78 |  | **100 Freestyle** |  | :51.13 | :50.29 |
| 4:28.75 | 4:33.39 |  | **500 Freestyle** |  | 4:57.09 | 4:52.26 |
| 1:24.92 | 1:26.03 |  | **200 Freestyle Relay** |  | 1:37.16 | 1:35.50 |
| :49.53 | :50.64 |  | **100 Backstroke** |  | :56.11 | :54.89 |
| :55.93 | :57.11 |  | **100 Breaststroke** |  | 1:04.05 | 1:02.60 |
| 3:06.24 | 3:08.93 |  | **400 Freestyle Relay** |  | 3:31.27 | 3:27.79 |

Meters Standards

[](http://www.nisca.net/)             [](http://www.speedousa.com/)

**National Interscholastic Swimming Coaches Association**  
  **2018- 2019 NISCA/Speedo Swimming All-America  
   
Meter Time Standards**

**Meters are converted to Yards by the online entry databaseCoaches enter Meter Times and check "Meters" Top 100 Athletes determined by time from submitted applications will be recognized as All-America in individual and relay events.**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Boys All-America** | |  | **High School** |  | **Girls All-America** | |
| **All America** | **Consideration** |  | **Event in Yards** |  | **Consideration** | **All America** |
| 1:44.07 | 1:45.86 |  | **200 Medley Relay** |  | 1:58.79 | 1:56.67 |
| 1:49.16 | 1:51.05 |  | **200 Freestyle** |  | 2:02.69 | 2:00.55 |
| 2:01.91 | 2:04.18 |  | **200 Individual Medley** |  | 2:17.66 | 2:15.08 |
| :23.05 | :23.45 |  | **50 Freestyle** |  | :26.29 | :25.90 |
| :54.54 | :55.73 |  | **100 Butterfly** |  | 1:01.80 | 1:00.49 |
| :49.98 | :50.86 |  | **100 Freestyle** |  | :56.86 | :55.92 |
| 3:55.96 | 4:00.04 |  | **400 Freestyle** |  | 4:20.61 | 4:16.37 |
| 1:34.77 | 1:36.01 |  | **200 Freestyle Relay** |  | 1:48.53 | 1:46.67 |
| :55.03 | :56.26 |  | **100 Backstroke** |  | 1:02.34 | 1:00.98 |
| 1:02.08 | 1:03.39 |  | **100 Breaststroke** |  | 1:11.22 | 1:09.61 |
| 3:27.47 | 3:30.47 |  | **400 Freestyle Relay** |  | 3:55.35 | 3:50.92 |